

ARRIVAL AND DISPERSAL PROCEDURE

ARRIVAL

- 1. Gymnasts to be allowed 1 accompanying adult prior to entry.
- 2. Gymnasts to arrive already dressed to train. Changing rooms not in use.
- 3. Participants must queue outside, maintaining social distance until instructed to enter by the Coach in charge who is required to wear a face covering.
- 4. Children of High School age and other people entering the building are required to wear face covering, unless there is medical reason preventing it.
- 5. All participants are temperature checked and confirmation of being symptom free prior to entry. If a gymnast or family member have had symptoms, or had a positive test result then entry will be refused.
- 6. If temperature within normal range, only the gymnast can enter gym. If an elevated temperature is shown, gymnast and adult are instructed to wait for a second reading before being allowed to enter. If it remains elevated gymnast will not be allowed entry and told to seek medical advice and follow Government guidance.
- 7. Gymnast will then be entered on the class register.
- 8. On entry gymnast will sanitise hands and proceed directly into to gym to be instructed to place their belongings in designated area and then to a position on the floor area to await further instruction.
- 9. Once the complete class is in place the Coach in charge will lead the session.

DISPERSAL

- 1. At the conclusion of the session gymnasts will be required to return to their position on the floor area.
- 2. They will then be instructed by the Coach in charge to collect their belongings one by one and children of High School age will put on their face covering
- 3. Under the control of a Coach they will queue in the corridor at the appropriate distance until being instructed to be collected by the accompanying adult.
- 4. Adults will be required to wait outside, maintaining social distance, until the child leaves the building.
- 5. If no adult is there to collect gymnast, they will wait in the reception area until adult collects them. If there is a significant delay, then emergency contacts will be telephoned.
- 6. Once gymnasts have left the gym, remaining coaches to undertake cleaning procedures.